

‘CELL FOOD’

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a liquid

‘multi-

nutrient’

formula

'Cellfood' – A Powerful Catalyst To Healing

In today's climate of soil degradation and depletion; excessive daily stress; heavy toxic burdens to cope with, and then far too often making do with a quick take-away instead of a nourishing home-cooked meal, it's not really surprising that the average Westerner is seriously depleted in a wide range of nutrients. This involves not just vitamins, but minerals too – the often-forgotten-about range of nutrients of equal importance.

One 'nutrient', not given adequate focus, is oxygen. '*But you can get that from the air can't you?*'... I hear you say. Indeed! But the problem is getting the oxygen in to where it is most needed in the body – *inside* the cell. You can do without food or water for a remarkably long time, but deprive yourself of oxygen for even a few minutes, and you could end up dying – it's *that* important.

Every single biochemical function in the entire body is heavily dependent on a constant and adequate supply of oxygen. Even if your access to this vital 'nutrient' is slightly lower than it should be, it can nevertheless have significant ramifications on your overall health. In turn, such depletion can cause many symptoms – from fatigue, to poor immunity, to lowered mental function, mood disorders, muscle cramps... and so much more.

What's The Easiest Way To Increase Your Oxygen Intake?

Ofcourse, you could decide to simply breathe more deeply via a range of Yogic breathing exercises; walk around with an oxygen tank slung over your back, go for regular hyperbaric chamber treatments... or you could simply use a few drops of 'Cellfood' on a regular, daily basis. So much easier!

But 'Cellfood' has other advantages too, aside from helping deliver the *right* form of oxygen to your cells - yes, take the *wrong* type of oxygen and you could do a lot of harm to your system! There's a critical difference between *oxygenation* and *oxidation*. Both involve the utilization of oxygen, but *oxidation* would be like causing the body to 'rust' away, like oxygen destroys iron when it makes it go rusty.

In other words, certain forms of 'oxygen therapy' on today's market actually generate significant amounts of damaging 'free radicals' – not a good idea! Hence, it is vitally important you ensure you are getting a form of 'oxygen therapy' which delivers a safe, effective form of oxygen to your cells. And 'Cellfood' does this.

Minerals Are Critical For Good Health

When you hear about the importance of 'good nutrition', most of the time you tend to think about accessing the right amount and type of *vitamins*. However, *minerals* play an equally important role in maintaining good health – we need over 70 minerals if our bodies are going to be able to function and repair themselves optimally. These minerals include not just the *macro*-minerals like:

- Calcium
- Magnesium
- Potassium
- Sodium...

...But also the numerous *micro*-minerals like:

- Selenium
- Iodine
- Molybdenum
- Iron
- Zinc
- Chromium
- copper... and many more.

A major problem in modern society is that our soils have become seriously depleted in most nutrients - and especially the minerals. Hence, the importance of ensuring that you do obtain a regular and adequate amount of such minerals, as well as the various vitamins.

Another range of essential nutrients needed for optimal cellular function, and hence health, include the amino acids. These are normally obtained from our diet when protein is broken down to its constituent parts – the amino acids. There are 20 amino acids that the body requires on a regular basis, yet it can only manufacture 10 of these inside us. The rest we need to obtain from other outside sources.

So, What Is “Cellfood”?

Everett Storey, a microbiologist living in the middle of the last century, was heavily engaged in ‘water-splitting’ technology, some of which was used in atomic bomb research, prior to the end of WW-II. Due to radiation poisoning he experienced from that research, he sought to use the same ‘water-splitting’ principles through which to produce a healing solution that would allow his body to repair itself.

After much work, he produced a full-spectrum liquid preparation of enzymes, trace minerals and amino acids that also had the capacity to release the proper form of healing oxygen into the blood stream. He found that his solution was capable of helping the body detoxify itself from a range of noxious substances, as well as helping repair cellular injury due to radiation, and other damaging factors.

Because of the special, 9 month-long production process, ⁽¹⁾ ‘Cellfood’ solution is able to create a positive, catalyzing response within our bodies, resulting in the release of ‘good oxygen’, while simultaneously delivering a diverse range of healing nutrients in a format that the cells can use directly.

It contains: ⁽²⁾

- 78 trace elements
- 34 enzymes
- 17 amino acids
- Plus produces a form of oxygen that is healing to the body, as well as hydrogen – the latter another important element needed for overall health

The Form In Which Nutrients Are Delivered To The Body Makes A Difference

The ingredients in 'Cellfood' are in what is called an ionic as well as a colloidal form, which makes them much easier for the body to absorb right into the cell.⁽³⁾ In fact, one way to get an even quicker absorption is to dilute this medicine in some water and then hold it for a minute or two in the mouth. Due to its ionic and colloidal format, this action allows the vast range of healing nutrients to enter directly into the blood stream via the oral mucosa.

It also needs to be noted that 'Cellfood' contains no alcohol, gluten, yeast or glucose; only contains natural substances, and has been created from carefully chosen, environmentally clean sources, while also avoiding any chemical extraction methods. All extractions are done by cryogenic methods (use of extreme cold), which leave no toxic residues or other noxious by-products.⁽⁴⁾

'Cellfood' Is Not A New 'Kid' On The Block

Everett Storey's research and production of this amazing 'nutrient-medicine' certainly paid off, as he overcame his serious health issues and lived to the ripe old age of 73. 'Cellfood' is now in its 5th decade of being on the global market,⁽⁵⁾ and has been used with good therapeutic success by hundreds of thousands of people world-wide.

So, 'Cellfood' offers many health advantages over a regular vitamin-mineral pill:

- Firstly, all the nutrients mentioned earlier are in that special format whereby they are better able to be absorbed directly into the body, and into each and every cell.
- Secondly, it enhances the body's capacity to detox itself from the enormous range of toxins we are exposed to on a daily basis.
- Thirdly, it allows for the production of precisely the right sort of 'healthy oxygen' right within our bodies, thus helping with every metabolic reaction requiring this crucial element.

'Cellfood' Can Be Used Alongside 'Regular' Nutritional Supplements Or Orthodox Drugs

Even if you still want to take regular nutritional supplements – you can! 'Cellfood' actually helps make such supplements more biologically available, so there is less wastage and more effectiveness from regular nutrients taken on a daily basis. The other advantage of 'Cellfood' is that it is not contraindicated with any medical drugs you might be on. ⁽⁶⁾

Indeed, one thing to keep in mind is that as your body finally gets an opportunity to really start detoxing and healing itself, you may in fact find that you don't need the same dosages of the drugs you're on. From that perspective, it would be wise to see your regular doctor after a few weeks or months of having been on 'Cellfood' – depending on how quickly you built up to a full dose. During such a medical visit, have the doctor do a thorough reassessment of your health issues, and hopefully they will be able to advise you to lower or even drop certain drug medication.

But please ensure this is ONLY done on the advice of your doctor! Do not decide to go off any of your medically prescribed drugs by yourself – this could in fact be dangerous!

'Cellfood' – How To Take It, And At What Dosages

'Cellfood' is a liquid preparation, and comes in a convenient, small, 30 ml bottle. It comes in a concentrated format, hence does need to be diluted in some water – about a glass-full. Also, it's important to use a good quality, filtered water, otherwise some of the remedy's action will be 'used up' in detoxing the large range of toxins in that water – such as chlorine, fluoride, traces of aluminium, and much more. ⁽⁷⁾

Start with just 3-4 drops in that glass-full of clean, good quality water, and preferably take it on an empty stomach, first thing in the morning. Wait at least 10-15 minutes before you have anything else to eat or drink, which gives the 'Cellfood' adequate time to pass unhindered into your system, thus providing maximum benefits.

Understand The Possibility Of Detoxing

Remember two things; firstly, that everyone in our modern culture nowadays is riddled with toxins. Secondly, it was mentioned earlier that 'Cellfood' has the capacity to help our body detox itself, so it is important that you don't suddenly rush your system into a massive 'detox frenzy'.

This could feel rather uncomfortable, as your detox organs - like the liver and kidney - are temporarily given too much poisonous matter to release, too suddenly. It won't kill you, but could make you feel unwell for a few hours, till those poor ol' over-loaded eliminatory organs can finally catch up! One way to help the body eliminate toxic matter more efficiently is to make sure you do drink at least 6 or so glasses of water daily. To make the water even more successful in flushing out toxins, you can add a squeeze of lemon juice to each glass of water you drink.

Once you've done the initial 3-4 drops daily, and perhaps are already feeling a bit more energized, you can then slowly increase that dose every few days, till you're finally taking 8 drops in a glass of good quality water, *3 times daily*, preferably on an empty stomach. For some people who may find a thrice daily dosage a bit difficult to manage, another option is to take the total of 24 drops in another way i.e. 12 drops twice daily.

However, do take note of building up the dose slowly – over at least a week or two, depending on your initial response. Another suggestion is to put the total amount of drops in your daily water bottle, so that you are slowly ingesting the entire amount as the day progresses.

There Is No 'Standard' Dose, Because There Are No 'Standard' People

Some very sensitive people may only be able to handle a much smaller dosage. This is not a problem, since their sensitive systems simply don't need as much of a 'push' to get better, and they do just as well on that smaller dose. As time goes by, however, and their bodies have started to heal and balance our more, then such ultra-sensitive people may like to slowly try to increase their dose to a slightly higher amount. Simply 'listen' to your body, and remain within a comfort zone.

Another little 'trick' very sensitive people could try is to take just 1 - 2 drops at a time, but take it perhaps every 2 hours or so *throughout* the day. In other words, by 'trickling in' the remedy via such small, regular amounts, they can still end up with close to a 'normal' dose, but without any detox effects.

Keep in mind a very important point: *'there is no such thing as a 'standard' dose, as there is equally no such thing as a 'standard' person.'* This is something that medicine, unfortunately, has difficulty understanding!

In Summary

To summarize therefore, 'Cellfood' is a totally naturally derived, very safe 'nutritional supplement' capable of stimulating significant healing and balancing within your system. Also keep in mind that in itself, 'Cellfood' doesn't have 'miraculous powers'. It simply has a potent capacity to get the *body* to heal and balance itself again. Even quite diseased or weakened bodies can still have a remarkable capacity to heal themselves – if given the right 'building blocks', and also given the right stimulus.

'Cellfood' does have the added advantage of being able to not just *oxygenate* your body (compared to '*oxidize*' – not good!), but it also can help facilitate your *body's* capacity to rid itself of built-up toxins in the system.

Another of 'Cellfood's' bonuses is that it can help re-balance the body's pH – a critical factor in achieving and maintaining health.

To remain in a zone of comfort, simply build up the dose slowly over the initial few weeks of starting. This is especially relevant for those who know they have been on years of medical drugs, or been exposed to significant amounts of environmental or work-related toxins.

Just as there are an increasing number of people in our modern culture who have unfortunately been harmed by the vast range of chemicals we're exposed to on a daily basis, making them sensitive to many substances, so too there are people with the opposite situation. In other words, some people could have an atom bomb go off inside them... and they wouldn't flinch!

Such people may need to go way beyond the 'normal' total of 24 drops of 'Cellfood' over a day, and may even require twice as much before they notice any effect from this remedy. It's important to realize that 'Cellfood' is very safe, and over-dosage would be most difficult to achieve. The body would simply take what it needs and eliminate the rest. However, remember to always *dilute* the drops in water before ingesting; *don't* take them neat!

A final point to keep in mind is that 'Cellfood' has also been found of great value in ailing pets. Simply add it to their water – do *not* give it in an undiluted format! – 2 – 3 times daily, and adjust the dose to their body weight.

Where To Buy 'Cellfood'

Please note that 'Cellfood' is available from a range of distributors which you could find via the Internet.

In Australia, it's available from:

www.cellfood.com.au

OR

www.goldenglow.com.au (product no. 12872) ph: 1300-901-656

In the USA, [Amazon carries this product](#) – but for non-USA residents, please note that Amazon doesn't always mail products to certain countries, including Australia.

References

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